

# Rocky Spino, M.S., NCC, LPC

Therapist ♦ Speaker ♦ Journalist ♦ Child and Adolescent Expert

*Committed to promoting healthy parenting along with happy childhoods on a large scale.*



*From painful divorces to high risk teen behavior, Rocky Spino has a solid handle on helping parents and children put the pieces back together. As a licensed professional counselor specializing in child therapy, Rocky has built a highly reputable and successful practice in Central Pennsylvania. His extensive media experience and mental health work with children have combined to make him a uniquely qualified expert in his field.*

## **MEET ROCKY**

Rocky got his unique start at the age of sixteen when he put his social and communicative talents to early use at a local radio station and became one of the youngest broadcasters in the market. Over the years that followed, Rocky discovered what he was able to do best of all: get people to open up. From the scores of kids who called in to his popular shows as a rock jock, to the star-

studded and topical guests on his talk programs, Rocky demonstrated his effectiveness at getting people to engage. Whether interviewing famous pop and political icons from Regis Philbin to G. Gordon Liddy, or introducing audiences to such controversial figures as a televangelist's Madame and a teenager on trial for murder, Rocky developed a solid track record of getting people to tune in while gaining their trust.

With his compassion and consciousness, he quickly turned his high regard for people, especially children, into a passionate helping career. Rocky graduated summa cum laude with a Bachelor's degree in Humanities from Penn State University, also earning his teacher certification in English. Along the way he contributed substantial original material in the Barry Kanpol text, *Critical Pedagogy*, (Bergin & Garvey, 1994), and earned the Evan Pugh Scholar Award for academic excellence from Penn State. He then completed his education with a Master's degree in Community Counseling from Shippensburg University.

Now, over 30 years after first opening the radio microphone, Rocky continues to reach out to the public professionally as a highly-skilled child therapist who has accumulated commendable credits in his work. As a national board certified (NCC), licensed professional counselor (LPC), Rocky is a specialist in providing mental health services to children and adolescents, and equally involved in relating to the concerns of parents. Rocky's clinical training and experience have been developed in educational, outpatient, and residential treatment settings.

Emphasizing solution-oriented strategies and personal growth, Rocky has a particular interest in treating conduct disturbances in youth, as well as working intensively in the area of parent-child relationship-building and reunification. Rocky remains committed to promoting both healthy parenting and happy childhood on a wider scale. He continues his accessibility to the media on current events, conducts ongoing clinical work with families in his practice, and speaks frequently before audiences of parents, teens, and professionals.

## **Presentation Topics**

**ADHD Here and Now:** An up-to-date information forum on attention disorders in children

**The Drama of the Difficult Child:** A look at high risk behaviors in youth and real life ideas on what to do about them

**The Last Whole Parent Workshop:** How to matter in the lives of our children

**Your Space!:** The teenager's link to getting your own way without getting grounded for life

**Families Interrupted: Helping Parents and Children Heal after Divorce:** Moving past parent hostility and making parenthood reappear

**Ethics Unbound:** Competency and creativity in the counseling room

This is a partial list of presentation offerings. Other topics in child and adolescent issues, parenting, and skill-building for professionals (i.e. therapists, educators, foster care providers, etc.) are also available.

For more information on Rocky, please visit [www.rockyspino.com](http://www.rockyspino.com) or contact

Rocky Spino

Phone: (717) 624-2525

# What can Rocky Spino do for you?

Rocky Spino is a licensed professional counselor and specialist in providing mental health services to children and adolescents. His expertise in child and adolescent issues, parenting, and skill-building for professionals working with today's youth is a guaranteed success for your next event. In addition to his guest speaking programs, he presently sees a full caseload of young clients in his Central Pennsylvania practice, is an adjunct professor of counselor education at McDaniel College in Maryland, and regularly reaches out with his informative programs for parents, teens, and professionals. More details on his counseling services, guest speaking, and recent media appearances can be found on his website at [www.rockyspino.com](http://www.rockyspino.com).

## **What others are saying.....**

*"Rocky was, simply put, a great guest to host on The J. P. Godsey Show. He immediately conveyed a warm charm, sense of humor and insight that puts anyone engaged with him at ease. Rocky is not 'all hat and no cowboy.' I quickly saw he had the goods. His experience and educational background make him an expert in children's counseling and therapy. Being named "The Happiest Man in America" I'm still a big kid and not just at heart. Anyone could benefit from a conversation with Rocky just as I did. His words of wisdom are thought provoking and made me and my listeners "happier" too." — J. P. "Gus" Godsey; WPMH 670 AM; Norfolk, VA*

*"Rocky was an engaging, thoughtful guest. His clarity around the issue of divorce and its effects on the family was really helpful for my audience. He is solution-based and brought valuable insight to a most difficult reality affecting the family unit." — Cynthia Laverty; KZSB AM 1290; Santa Barbara, CA*

*"Rocky has delivered several presentations for our local CHADD group and his programs were always very well received by the audience. He relates very well to children and families in his gentle approach to provide education and treatment recommendations regarding mental and behavioral health within our community". — Holly L. Cookerly; RN, M.Ed Coordinator, Community Health Improvement; Wellspan Health; Gettysburg, PA.*

*"Rocky has appeared as an expert and been interviewed on our radio station for a news broadcast on ADHD. He clearly knows how such disorders affect people and families and, when you combine his knowledge and experience with his media background, he communicates in a way that allows those who suffer to more easily find their way home." — Mark McKenzie; WSBA News Promotions Director; York, PA.*

*"Rocky's enthusiasm and passion for helping children, adolescents and families captures the attention of all. It was a pleasure partnering with Rocky to offer the Drama of the Difficult Child presentation. Rocky was able to keep parents engaged throughout the whole presentation and left participants with valuable information that they could utilize day to day." — Janice Swartz, BS, CHES; Health Educator, Community Benefits Manager; Hanover Hospital, Education Services; Hanover, PA*

## **Media Programs Available**

- *How to help your child cope with divorce and divided custody.*
- *Teen Celebrities: What parents can learn from childhood in front of the camera.*
- *"My Mom and Dad are clueless." Taking notice and taking charge again as parents.*
- *My teen is reckless! Bad attitude, bad friends, bad choices. Help!*
- *I'm having an affair. How will this affect my family?*
- *My relationship with my child is ruined. How can I get it back?*

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